

**MARK YOUR CALENDAR**

**Southeast Asia Public Health Nutrition Network  
WEBINAR SERIES 1/2024**

# **IMPROVING FOOD ENVIRONMENTS IN SOUTHEAST ASIA COUNTRIES: WHERE ARE WE HEADING?**

**25 September 2024 | Wednesday | Zoom Online Platform**

**2:30pm-6:00pm (Kuala Lumpur, Manila Time);**

**1:30pm-5:00pm (Bangkok, Hanoi, Jakarta Time)**

The food environment refers to the physical, economic, political, and socio-cultural context in which consumers engage with the food system to acquire, prepare, and consume food. It is important to recognise that food environments would differ considerably depending on the socio-economic development status of the countries. In Southeast Asia (SEA) countries, the population may obtain their food from modern retail venues (e.g. grocery stores, convenience stores, mini- and supermarkets) where they buy foods to consume or to prepare and eat at home. Large segments of the population also obtain their meals from a huge variety of various traditional food outlets, including hawker stalls/street foods, cafes, restaurants, workplace cafeterias, school canteens, and numerous food delivery services. Having healthier



food and meals available and affordable in food retail and food service settings allows people to make healthier food choices. Countries in the region have in place or are enacting regulations to assist people in making healthier choices of packaged foods, e.g. nutrition labelling. However, there is a notable lack of policy, regulations, or measures to urge consumers to make healthier food choices for meals served in the multitude of food outlets. An unhealthy food environment can be a major driver of the growing prevalence of overweight, obesity, and diet-related non-communicable diseases.

To curb this trend, it is urgently needed to implement policies, regulations, and interventions to ensure that healthier options become more easily available, accessible, affordable, and desirable in both modern and traditional food environments.

This webinar aims to

- Provide a platform for mutual learning and exchange of experiences among SEA countries to understand the current status, policies, and evidence-based measures undertaken to improve food environments in the respective country
- Understand gaps, barriers, lessons learned, and opportunities to address food environment issues
- Explore the potential roles that multisectoral stakeholders can play in improving food environments in SEA countries

## ***Who Should Attend***

- Nutritionists, dietitians, and public health nutrition workers in SEA countries
- Private sector public health experts
- Representatives of related ministries/agencies involved in food environment & food system policy-making
- Academia from food and nutrition-related fields
- Undergraduate & postgraduate nutrition and dietetic students

## Webinar Highlights

Time	Tentative Programme
14:30	<b>Welcome Remarks by SEA-PHN Network Chairman</b>
14:45	<b>Country report on food environment improvement policies, regulations &amp; interventions</b> <ul style="list-style-type: none"><li>• Indonesia</li><li>• Malaysia</li><li>• Philippines</li><li>• Thailand</li><li>• Vietnam</li></ul>
17:00	<b>Panel discussion: Overcoming barriers to creating healthier food environment</b>
18:00	<b>End of webinar</b>

## FREE Registration

Register now at:

<https://forms.gle/uF8PnLq7hxzhA7GE8>



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For more information regarding SEA-PHN Network, please visit:

**SEA-PHN | Southeast Asia Public Health Nutrition Network ([sea-phn.org](http://sea-phn.org))**

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